

Loma Linda Academy Children's Center

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Loma Linda, CA 92354
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Barefoot and Water Play Permission

When temperatures increase in the summer months, the children will enjoy water play. It is a fun way to keep down their body temperatures as does drinking lots of fluids.

Below are ways in which the parent can help to prepare their child for a fun-filled summer. On June 1 of each year,

- ◆ send in a towel with your child's name marked clearly on it.
- ◆ send in a swimsuit with your child's name marked clearly on it.

The teachers will remind you when it is time to bring towels and swimsuits to the Center.

HINT: Send in an old towel and swimsuit. Write your child's name in LARGE letters using a permanent marker. Several children may bring the same towels and swimsuits so please make sure to write your child's name on them. This will make life easier for the teachers in the event they get mixed up.

Summer Time Tips:

- ◆ Clothing: Please send your child to school in light weight clothing.
- ◆ Laundry: All towels and swimsuits will need to go home at the end of your week to be washed along with their bedding. Make sure that your child has an extra change of clothing which includes underwear, shorts, and a short-sleeved shirt.
- ◆ Barefoot: Your child will play barefoot in the grass, sand and surrounding areas.
- ◆ Temperature: The children will not be taken outside if temperatures exceed 100°F. All playgrounds have thermometers to monitor the temperatures.
- ◆ Sunscreen: Please make sure to apply sunscreen on your child from head to toe before bringing them to school. We are prepared to reapply if necessary.

Child's Name: _____

Comments:

Parent/Guardian's Signature: _____

Parent/Guardian's Printed Name: _____